

PRESSING ON

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Stroke Survivor Walks For Her Life – and Yours To Support The American Stroke Association

Seven years ago, at the age of 31, Winter Park resident Valerie Greene had a massive stroke. One day, she was an athletic, successful entrepreneur. The next day, she was paralyzed, unable to talk, and told she may never walk again.

In the face of overwhelming odds, Valerie has not only recovered, she authored a book about her experience – “The Fire Within,” soon to be released. Valerie has also been named a “Stroke Hero” by the American Stroke Association. Now, in an effort to raise funds for stroke research and prevention, Valerie will walk a 13 mile half marathon!

Stroke Affects Us All:

- Every 45 seconds someone has a stroke.
- Every 3 minutes someone dies of a stroke.
- Stroke is the 3rd cause of death in the U.S. and the leading cause of disability.

Valerie believes that together we can change these statistics.

Over the next 4 months, Valerie will be training to prepare for the January 11, 2004, “Train to End Stroke” marathon held at Walt Disney World, Orlando, Florida.

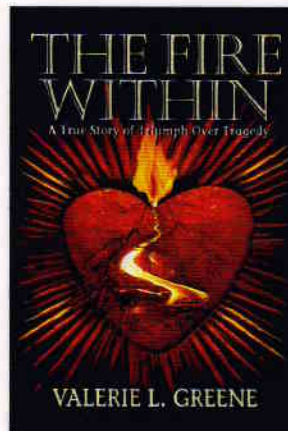
In spite of her remaining physical challenges, Valerie is confident that she will be able to complete the 13 mile half marathon. Valerie credits her strength to her faith, positive attitude, and circle of support. She will also be wearing magnetic insoles provided by Nikken, Inc., which strengthen her legs and feet.

“I am walking for all those who are unable and to demonstrate the power of the human spirit. I’ll be honored to complete this event wearing a T-shirt with the name of your loved one who has suffered a stroke. Please include their name on the response form below.”

Valerie’s fundraising goal of \$10,000 by October 30th, is her invitation for everyone to be part of this effort. Through a generous donation to the American Stroke Association, you will help to end stroke.

To make a tax-deductible donation, simply return the form below or donate on-line at <http://ttes.kintera.org/orlando>

Click on Disney
Click on Sponsor participant
Search for my name and click on it



Valerie Greene authored a book, soon to be released, about her journey to recovery.

www.thefirewithin.net



“Together we can help to end stroke”

Thank you for your support!



Dear Valerie,
I would like to support your efforts.
I choose to give, from my heart, the amount of: _____

Make checks payable to the American Stroke Association

Check Mastercard Visa American Express

Charge card # _____ Exp. Date _____

Name as it appears on the card _____

Cardholder Signature _____

Please participate in the marathon in honor of/memory of _____

Name _____

Address _____

City, State, Zip _____

Phone _____

Email _____

OR
Donate on-line at
<http://ttes.kintera.org/orlando>

Send to:
Valerie Greene
P.O. Box 2063, Winter Park, FL 32790