



Former First Lady, Nancy Reagan.

## A Strong Plea From A Strong Lady

May 10, 2004

Former First Lady, Nancy Reagan, has sent a strong message to the White House calling for expanded stem cell research.

"There are so many diseases that can be cured or at least helped. We have lost so much time already and I just really can't bear to lose anymore," she said.

Mrs. Reagan's efforts on stem cell research are supported by former presidents Gerald Ford, Jimmy Carter, Bill Clinton, and actor Michael J. Fox.

### > Did you know ?

- Every 45 seconds someone in America has a stroke
- Stem cells have been used safely and effectively by thousands of people for over 40 years.

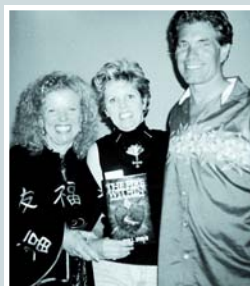
## Relentless For Results

Thank you for all the overwhelming response to the national publications in May that featured my story. Hundreds of fellow stroke survivors wrote in requesting information on where I had received my stem cell treatments. It was heartbreaking to learn of so much suffering that could be dramatically lessened or possibly even cured with this treatment. Your cries rekindled my fire to pursue seeing that this treatment is made available in the United States as soon as possible.

> **What are Stem Cells?** Simply put, stem cells can regenerate damaged or dead cells. Contrary to a common misconception, **stem cells do not have to come from a human fetus.** They can be harvested from a human umbilical cord after birth, or even from a lamb, which was the type I received. For more info visit my website [www.thefirewithin.net](http://www.thefirewithin.net) and go to Stroke Resources.

## H o l i s t i c   H e a l i n g

Last month I attended the Energy Medicine Workshop in Phoenix, Arizona. It was the third workshop I've attended over the course of the last few years. Energy Medicine is a way for us to shift energies in our bodies to promote healing. Physicians, therapists, energy practitioners and inquiring minds from around the world gathered to learn about these remarkable techniques that are transforming medical care in the 21st century. We have all witnessed dramatic shifts in medicine and healing and we know the powerful impact that our thoughts and emotions have on our physical body.



Valerie presenting her book to Donna Eden, author of Energy Medicine and David Feinstein, Ph.D., author of Energy Psychology Interactive.

**Coming to Orlando:** Next month, July 30 – August 1, Orlando will be hosting a conference with Donna Eden, and David Feinstein, Ph.D. I encourage you to attend. For more info visit [www.innersource.net](http://www.innersource.net) or contact your local energy practitioner , Pat Crowe (407) 619-3169.

## Delivering Hope

As a guest speaker at the 20th Annual Stroke Conference, I witnessed as my fellow survivors filled the room to learn ways to manage their challenges. My message was about hope. I was deeply moved when afterwards, a young woman came up to me, and pleaded for help with her suicidal thoughts. It strengthened my passion to carry on with my mission.



Valerie speaking at the 20th annual Stroke Conference held at The Wyndam Resort, Orlando, Florida, on May 8, 2004.

### A personal message to my fellow stroke survivors:

*I have read your letters and have heard your cries. You are in my thoughts and prayers. I will be your voice and will charge up that hill once again and find you help. Please hang on. And NEVER, NEVER give up!*

Till next month,  
Love and Light,