

# PRESSING ON

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## Val Gets Her Groove Back!

At some point in life it happens to us all...we loose our "groove". Following my father's sudden death last July, I simply shut down. Part of me wanted to run away, but I knew I had a special purpose in life and millions of people needed to hear my message. Thanks to many prayers and much support, I'm back and raring to go! Great things are happening as my destiny continues to unfold.

*Within the last two months I received several responses from New York literary agents that had expressed interest in representing me. My call for help had been heard. With the assistance of good advisors, my choices were carefully reviewed and a decision was made. I am pleased to announce that I am now signed with a leading New York literary and film agency, **Abrams Artists Agency**. How cool is that!!*



"If I can make it here, I can make it anywhere! New York, New York"

**Did you know?** Stroke kills 2.5 times as many women as breast cancer.

### Other News:



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- > Last month I shared my story before the World Heart Federation where physicians and scientists from all around the world gathered to discuss heart disease and stroke in women. Afterwards, I was approached and offered the role of international spokesperson for a stroke prevention product that is preparing to be released. What an honor it will be to be a part of bringing this medical breakthrough to the world.
- > March 16th, I joined The American Heart Association for 2005 Heart on The Hill Lobby Day in Florida's state capitol, and on April 11th for 2005 Congressional Lobby Day in Washington, DC. Together, we will make a difference in life-saving legislation!
- > Many thanks to the YaYa network for inviting me to speak at the 3rd annual international YaYa Network conference. What a great group of women that recognize the value of helping one another. Thank you for awarding me with a lifetime membership and crowning me as "Queen Pow Wow".

**Special Appearances:** *May is National Stroke Awareness month and I will be speaking at several events to include the following keynote addresses. For further information please see my website [www.thefirewithin.net](http://www.thefirewithin.net)*

**May 7, 2005** American Stroke Association presents the 17th Annual Stroke Conference / Palm Beach Gardens

**May 14, 2005** American Stroke Association presents the 21st Annual Stroke Conference / Wyndham Orlando Resort

**May 21, 2005** American Heart Association presents The New Jersey Heart Ball / PNC Bank Center, Holmdel, NJ

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